How to Use Hand Sanitizer

Cómo usar un desinfectante de manos

Washing hands with soap and water is the best way to get rid of germs in most situations. If soap and water are not readily available, you can use an alcohol-based hand sanitizer that contains at least 60% alcohol. You can tell if the sanitizer contains at least 60% alcohol by looking at the product label.



- 1. Apply the gel product to the palm of one hand (read the label to learn the correct amount).
- 1. <u>Aplíquese</u> el gel en la palma de una mano (lea la etiqueta para saber la cantidad correcta).



- 2. Rub your hands together.
- 2. Frótese las manos.



- 3. Rub the gel over all the surfaces of your hands and fingers until your hands are dry. This should take around 20 seconds.
- 3. <u>Frótese</u> el gel sobre todas las superficies de las manos y los dedos hasta que estén secas. Esto debería tomar unos 20 segundos.

CAUTION! Swallowing alcohol-based hand sanitizers can cause alcohol poisoning if more than a couple of mouthfuls are swallowed. Keep it out of reach of young children and supervise their use.

¡CUIDADO! Tragar desinfectante de manos a base de alcohol puede causar intoxicación por alcohol si se toman más de dos bocanadas. Manténgalo fuera del alcance de los niños pequeños y supervíselos cuando lo usen.



